

Croydon Communicators

Member Profile

This form will help you to clarify your goals for your membership and help us to provide the right support such as finding you a buddy or mentor to work with.

# BIOGRAPHICAL DATA

|  |  |  |  |
| --- | --- | --- | --- |
| Name |  |  Date form completed: |  |
| Occupation  |  |
| Particular interests and accomplishments  |  |
| Personal/career goals |  |
| Date joined Toastmasters |  | Other TMI club(s) where you have been a member  |  |

# YOUR COMMUNICATION AND LEADERSHIP GOALS

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| How would you describe your goals in relation to Toastmasters and Croydon Communicators? |
| What role does speaking play in your work and/or activities outside of work? |
| How would you describe your current skill level as a speaker? (see also self-assessment questions below) |
| How would you describe your current confidence level as a speaker?  |
| If you are moving from another club, what is your experience with Pathways and/or the previous education programme? |

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| What types of support do you think would be helpful to get the best from your membership? |

# WHICH OF THESE COMPETENCES BEST DESCRIBES YOUR CURRENT PRIORITIES FOR LEARNING? (Select up to 3)

|  |  |  |  |
| --- | --- | --- | --- |
|  | Persuade and convince others |  | Effectively lead teams and groups |
|  | Put ideas across clearly and understandably |  | Listen effectively and critically |
|  | Improve your self-confidence |  | Provide effective feedback to others  |
|  | Other:  |

# SPEAKING SKILLS SELF ASSESSMENT

Please indicate the number that you think most accurately reflects your current skill level:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1. Low | 2. Average | 3. Good | 4. Very good | 5. Exemplary |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **1** | **2** | **3** | **4** | **5** |
| Clarity: My spoken language is clear and easily understood  |  |  |  |  |  |
| Vocal variety: I use tone, speed, and volume as tools  |  |  |  |  |  |
| Eye contact: I use eye contact effectively to engage my audience |  |  |  |  |  |
| Gestures: I use physical gestures effectively  |  |  |  |  |  |
| Audience awareness: I have a good awareness of the needs of my audience and am able to keep them engaged  |  |  |  |  |  |
| Comfort level: I am comfortable speaking to an audience  |  |  |  |  |  |
| Interest: I engage my audience with interesting, well-constructed content  |  |  |  |  |  |

# ADDITIONAL INFORMATION

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| Please use this space for any other relevant information or comments that are not covered elsewhere.  |

# Please return to VP Education or another member of the Croydon committee.