Find your voice at Croydon Communicators

Become the speaker and leader you want to be



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communication is in business and in life and how daunting it can be to many; Toastmasters' program develops confidence in people to effectively communicate."

We all know how important

---Mike Fasulo President and Chief Operating Officer Sony Electronics Inc.

What is Toastmasters?

Since 1924, Toastmasters International has helped millions of men and women become more **confident** communicating with others.

The Toastmasters network of clubs and its learn-bydoing programme were created to help you become a better speaker and leader.

Why pay thousands of pounds for seminars and commercial training courses when you can join a Toastmasters club for a fraction of the cost and have fun in the process?

What's in it for you?

Toastmasters will give you the skills and confidence you need to effectively express yourself in any situation. Whether you are a manager, student, young professional, someone who is looking to advance their career, or looking to make an impact in your community, Toastmasters is the most efficient, supportive, enjoyable and affordable way of gaining great communication skills.

By learning to effectively formulate and express your ideas, you open an entirely new world of possibilities. You'll improve your interpersonal communication and become more persuasive and confident when presenting or giving speeches.



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The training has made me more focused and disciplined at work and improved my interactions with colleagues."

—Adrian Jefferson Chofor Marketing Operations Consultant Kaiser Permanente



"

Being in Toastmasters pushes you to take on challenges that you wouldn't have taken on by yourself. You start stepping up more for a project and want to take on more responsibility and become a leader."

—Sven Dejean Senior Manager, European Partners The Coca-Cola Company



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How will you grow?

- » Build leadership skills
- » Improve public speaking skills
- Practice writing speeches and presenting in a group setting
- » Gain a competitive advantage in the workplace
- Networking opportunities in a small and supportive environment
- » Build self-confidence and self-awareness
- » Allows for unlimited personal growth
- » Ability to maximize your potential

Club meetings are every 2nd, 4th & 5th Thursday at 7pm. Guests are welcome to visit as many times as they like with no pressure to join! www.croydoncommunicators.org/meetings

What is the Pathways learning experience?

Pathways is Toastmasters exciting and flexible education programme. It focuses on five core competencies:

Public Speaking – Interpersonal Communication – Strategic Leadership – Management – Confidence

As a member, you will receive one free path when you join. Progress through your path by completing projects, giving presentations at club meetings and implementing feedback, all done at your own pace. Each path has five levels, and you'll start by mastering fundamentals before working your way up to demonstrating your expertise.

With 11 paths to choose from (and more in development), you have the option to pick which skills you want to focus on. Visit www.toastmasters.org/Pathways to learn more.



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Dear Guest,

Welcome to your first Toastmasters meeting at Croydon Communicators!

By joining us today you have made an important first step to become a more confident speaker, a better presenter, and gain skills that will help you in all areas of your life.

Since it chartered in 2005, Croydon Communicators has helped hundreds of people to overcome their fear of public speaking and to become confident presenters.

We are a friendly and welcoming club based in the heart of Croydon with a diverse membership, known for holding innovative and fun meetings. Our members come from all walks of life and share a common interest in developing their communication and leadership skills in a friendly and mutually supportive environment.

What will happen in the meeting?

Speeches – several members of the club will deliver prepared speeches during the meeting against a set of objectives. These are typically projects from their chosen Path of the Toastmasters education programme. In Toastmasters you can speak on any topic that appeals to you.



Evaluations – This is where you will see how the Toastmasters approach to giving and receiving feedback will help you to build your skills and confidence. Each of the speakers will be evaluated in turn by one of the club's members, using standard criteria and guidelines. The Toastmasters approach to feedback is to emphasise the positive: evaluations accentuate the strong points of the speakers so they are able to build upon them. The Toastmasters educational programme will equip you with the valuable skills you need to deliver constructive and effective feedback.

Table Topics[™] – A Table Topics Master will ask for volunteers to do impromptu speeches that last between 1 to 2 minutes. These can be answering a random question an any subject or talking about an object or even talking about oneself. This is a great exercise to get speakers thinking on their feet and organise their thoughts quickly. You will receive feedback on your performance and is a great way to boost your confidence.

You too can take part – If you wish to, you can actively take part in the meeting and discover what it's like to be a member!

- Give some feedback to speakers via the slips provided (or via chat for Zoom meetings). Speakers greatly value feedback and will welcome yours.
- Volunteer to take part in the Table Topics session. You will receive feedback on how you did.
- Share your hopes and objectives with club members, it is very likely they will relate to your own story.
- Leave your details with the club officers so they can follow up with you.



CROYDON COMMUNICATORS WWW.CROYDONCOMMUNICATORS.ORG

Public Speaking - Communication - Leadership

We are excited to announce a special offer for new members joining this winter!

- 1. Simply pay the membership cost for the period May to September 2021
- 2. We will register you with Toastmasters International and cover your dues for February, March & April.
- 3. Access your chosen learning path immediately and begin your journey to becoming a more confident speaker, communicator, and leader.

Don't miss out! Email us at croydon.communicators@gmail.com today.

SPECIAL WINTER OFFER

	Join Month	To end of TM session (minimum term)	Membership Dues (6 Monthly Fee £75)	New Member Fee	Total Amount £
	JAN 2021	30 SEP 2021	112.50	20.00	132.50
Free	FEB 2021	30 SEP 2021	100.00	20.00	120.00
Free	MAR 2021	30 SEP 2021	87.50	20.00	107.50
Free	APR 2021	30 SEP 2021	75.00	20.00	95.00
∕ou pay	MAY 2021	30 SEP 2021	62.50	20.00	82.50
	JUN 2021	30 SEP 2021	50.00	20.00	70.00

Joining in February? Just pay the May amount Making your first 3 months free!

